University of New Mexico 5th Annual National Basic and Advanced Ultrasound-Guided Regional Anesthesia Symposium and Workshop

Featuring a state-of-the-art, hands-on cadaver workshop

October 3-4, 2015
Albuquerque, New Mexico

Featuring Guest Speaker
Edward R. Mariano, MD

The dates of this symposium coincide with the 44th Annual Albuquerque International Balloon Fiesta®, October 3 - 11.
**Purpose**

**Basic Workshop**
Our basic program is geared towards anesthesiologists with little to no experience in ultrasound-guided regional anesthesia (UGRA). Participants will receive hands-on training in small groups where the instructor to participant ratio is low. Participants will leave this workshop knowing how to perform high yield upper and lower extremity blocks using ultrasound guidance and have the confidence to perform these blocks clinically. CME hours earned at this conference can be applied to the UGRA portfolio certificate.

**BASIC UGRA SYMPOSIUM**
**Saturday, Oct 3, 2015**
08:00 Breakfast and Registration
08:30 A systematic approach to UGRA of the upper extremity
09:30 A systematic approach to UGRA of the lower extremity
10:30 Break
10:50 Fundamentals, physics and knobology of US
11:50 Lunch

**BASIC UGRA WORKSHOP**
12:30 Hands-on Workshop on high yield blocks
13:30 Hands-on Workshop on high yield blocks
14:30 Break
14:50 Hands-on Workshop on high yield blocks
15:50 Hands-on Workshop on high yield blocks

*Workshop includes: interscalene/T2/supraclavicular, axillary/femoral/popliteal and sciatic
Small group, hands-on cadaver lab taught by anatomist and clinical anesthesiologist.

**Sunday, Oct 4, 2015**
08:30 Breakfast
09:00 Local anesthetics and using UGRA to prevent toxicity
10:00 Putting it all together: Clinical Applications of UGRA
11:00 Break
11:20 Ultrasound-guided Peripheral Nerve Catheters
12:20 Lunch

**BASIC UGRA WORKSHOP**
13:00 Hands-on Workshop of high-yield blocks and practical test
13:30 Hands-on Workshop of high-yield blocks and practical test
14:00 Break
14:15 State-of-the-art hands on cadaver lab
14:45 State-of-the-art hands on cadaver lab

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**Purpose**

**Advanced Workshop**
Our advanced program is catered to anesthesiologists who have experience in ultrasound-guided regional anesthesia (UGRA) and are looking to take the next step. Our workshop empowers participants to be proficient in difficult blocks and to be able to perform UGRA on patients with difficult anatomy. CME hours earned at this conference can be applied to the UGRA portfolio certificate.

**ADVANCED UGRA SYMPOSIUM**
**Saturday, Oct 3, 2015**
08:30 Breakfast and Registration
09:00 Novel scanning techniques for lower extremity (advanced blocks: obt/LFC/saphi/adductor/sciatic-ant/post/subglut/parasacral)
10:00 Novel scanning techniques for upper extremity (advanced blocks: axillary/infraclavicular/suprascapular/superficial cervical/distal arm)
11:00 Break
11:20 Ultrasound-guided Peripheral Nerve Catheters
12:20 Lunch

**ADVANCED UGRA WORKSHOP**
13:00 Hands-on Workshops
15:00 Break
15:20 State-of-the-art hands on cadaver lab

*Workshop: 4 stations include: sciatic approaches-posterior/anterior/subgluteal/parasacral, suprascapular, superficial cervical plexus, placing peripheral nerve catheters, difficult patient
Small group, hands-on cadaver lab taught by anatomist and clinical anesthesiologist.

**Sunday, Oct 4, 2015**
08:00 Breakfast
08:30 Ultrasound-guided paravertebral blocks: thoracic/lumbar/pec block
09:30 Ultrasound-guided neuraxial blocks
10:30 Break
10:50 Ultrasound-guided abdominal wall blocks
11:50 Lunch

**ADVANCED UGRA WORKSHOP**
12:30 Hands-on Workshops
14:00 Break
14:20 Hands-on Workshops

*Workshop: 6 stations include: ICB, AXB, suprascapular, individual upper extremity nerves, OBT/LFC/Saphi/Adductor canal/fascia iliaca, realtime paravert, pectoralis major nerve block, TAP/rectus sheath, II/IH and neuraxial
Basic Symposium Includes
- High yield upper and lower extremity blocks to cover the majority of extremity surgeries
- A systematic approach to using ultrasound, acquiring images, needling skills and probe placement
- Practical clinical application of local anesthetics, which blocks to use when, how to deal with complications

Basic Workshop Includes
- Low faculty-to-participant ratio working in small groups
- Block-specific phantoms
- Image acquisition practice on live standardized patients
- Experienced faculty who perform these blocks on a daily basis
- One-on-one assessment of basic high yield blocks
- Small group cadaver lab taught by anatomist and clinical anesthesiologist

Advanced Symposium Includes
- Advanced blocks for the upper and lower extremities
- Advanced neuraxial and paravertebral blocks
- Advanced abdominal and thoracic blocks
- Image acquisition on live standardized patients
- Peripheral nerve catheter placement

Advanced Workshop Includes
- Low faculty-to-participant ratio practicing in small groups
- Image acquisition practice on standardized patients for advanced blocks
- Image acquisition practice on difficult patients, obese and scoliosis of the spine
- Experienced faculty who perform these blocks on a daily basis
- Small group cadaver lab taught by anatomist and clinical anesthesiologist

Participating Faculty

Mary Billstrand, MD
Director of UGRA symposium and workshop

Christopher Arndt, MD
Assistant Director of UGRA symposium and workshop

Brooke Baker, MD
Bryan Brindeiro, MD
Matthew Charles, DO
Lev Derly, MD
Ricardo Falcon, MD
Hilary Ford, MD
Randy Rosett, MD
Jacob Rothfork, MD
Brian J. Starr, MD
Eli Torgeson, MD
Firoz Vagh, MD
Sally Vender, MD
Tony Yen, MD
Arpad Zolyomi, MD

Guest Speaker
Ed Mariano
Chief, Anesthesiology and Perioperative Care Service and ACOS, Inpatient Surgical Services
VA Palo Alto Health Care System
Associate Professor, Dept. of Anesthesiology, Perioperative and Pain Medicine
Stanford University School of Medicine

Cadaver Lab Faculty
Paul G. McGuire PhD
Rebecca S. Hartley PhD

Symposium and Workshop Location
The Symposium and Workshop will be held at the Domenici Center for Health Sciences Education which is located on the North Campus of The University of New Mexico. The address is 1001 Stanford NE, Albuquerque, NM, 87131. A link to a map, driving directions and parking instructions will be emailed along with your registration confirmation.

Accreditation
UNM 5th Annual UGRA Basic and Advanced Symposium and Workshop
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society (NMMS) through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS) and (UNM Department of Anesthesiology and Critical Care). RMCHCS is accredited by NMMS to provide continuing medical education for physicians.

RMCHCS designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)™. Each physician should claim only the credit commensurate with the extent of their participation in the activity.

Contact Information
This course is presented by the University of New Mexico School of Medicine Department of Anesthesiology and Critical Care.

For additional information contact:
UNM School of Medicine
Department of Anesthesiology and Critical Care
MSC10 6000
1 University of New Mexico
Albuquerque, NM 87131
Phone: (505) 272-1113
Visit the UNM ACC website at: ugra.co

Cancellation Policy
If you cannot attend, UNM Department of Anesthesiology and Critical Care will refund tuition, less a $40.00 administrative fee provided it is received in writing prior to August 31, 2015. No refunds will be issued after this date or for non-attendance. Courses are subject to cancellation. In the event this conference is cancelled, UNM Department of Anesthesiology and Critical Care is not responsible for any airfare, hotel, or other costs incurred by participants.

Tuition Remission
All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed on the registration form. Tuition Remission does not cover the cost of conference meals. Properly completed and original remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

The on-line UNM Tuition Remission form may be accessed at: http://hr.unm.edu/forms/allforms.php

Participants requiring special accommodations should contact UNM Department of Anesthesiology and Critical Care as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.
Registration Form

University of New Mexico 5th Annual National Basic & Advanced Ultrasound-Guided Regional Anesthesia Symposium
October 3-4, 2015
Domenici Center for Health Sciences Education • Albuquerque, New Mexico

Name: ____________________________________ Specialty: ____________________

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Phone: _____________________________ Fax: __________________________

Email: ___________________________________________________________________

LUNCH
 Vegetarian Meal   Vegan   Gluten Free

PLEASE INDICATE METHOD OF PAYMENT:
 Check (Make payable to UNM Department of Anesthesiology and Critical Care)
 UNM Tuition Remission Form (copy enclosed)
 MASTERCARD   VISA

Account Number: ___________________________________________________________

Include last 3 numbers on back of card: _____________ Expiration Date: ___________

Amount: ____________ Signature: _____________________________________________

HOW TO REGISTER
• On-line at: ugra.co
• Call (505) 272-1113 between 8:00 am and 5:00 pm M.S.T.
• Mail to:
  UNM Department of Anesthesiology and Critical Care
  MSC10 6000
  1 University of New Mexico
  Albuquerque, NM 87131

Register online at: ugra.co

Your registration will be confirmed by email.

Registration Information
Advance registration is encouraged. Please register early to avoid disappointment. Minimum and maximum numbers have been established for this conference. It is UNM Policy to charge offerer $15.00 plus normal merchant bank fees for each returned check.

Registration Fees
If you are paying by credit card, register online at the UNM Department of Anesthesiology and Critical Care website, ugra.co

A confirmation letter will be e-mailed to you. Please present your confirmation letter at the registration desk upon arrival at the symposium. If you do not receive a confirmation letter, please contact UNM Department of Anesthesiology and Critical Care at (505) 272-1113 to verify your attendance.

Registrations will be accepted only with VISA and MasterCard. Orders which do not have credit card information provided will not be processed.

Make check payable to UNM Department of Anesthesiology and Critical Care and mail it along with registration form to:
UNM School of Medicine, University of New Mexico Department of Anesthesiology and Critical Care, MSC10 6000, 1 University of New Mexico, Albuquerque, NM 87131

“Early” Registration
(postmarked on or before August 31, 2015)
PHYSICIAN ........................................ $950.00
PHYSICIAN (using UNM tuition remission) ...... $850.00

“Late” Registration
(Postmarked after August 31, 2015)
PHYSICIAN ........................................ $1,050.00
PHYSICIAN (using UNM tuition remission) ...... $950.00

Hotel Accommodations
Hotel accommodations and shuttle service will be provided by Homewood Suites by Hilton. Room reservations are at group rate of $139 a night.

HOMEWOOD SUITES
7101 Arvada Avenue NE, Albuquerque, NM 87110
Phone: 1-505-881-7300  |  Toll Free: 1-800-255-4663
Email: Amanda.mcclain@hilton.com

*Because the fiesta brings many people to the Albuquerque area, we encourage you to make your reservations as soon as possible, but no later than August 31, 2015.

Albuquerque International Balloon Fiesta®
The dates of this symposium coincide with the 44th Annual Albuquerque International Balloon Fiesta®, one of the world’s most photographed events. The Fiesta dates are October 3-11, 2015.

For more information about the park and ride services, ascensions and other scheduled events, visit http://www.aibf.org

If you receive more than one copy of this brochure, please share with a friend or colleague.